

# April 2025



**NOTE: All times listed for online workshops are Central Time (CT).**

**Workshop times are as follows:**

- o Eastern Time is 1 hour ahead of Central Time (+1 hour)
- o Mountain Time is 1 hour behind Central Time (-1 hour)
- o Pacific Time is 2 hours behind Central Time (-2 hours)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Financial Literacy 1:30 – 2:00 p.m. and 6:00 – 6:30 p.m.	2 GED Online 11 a.m. – 12:45 p.m.	3 Job Readiness 1:30 – 2:00 p.m. and 6:00 – 6:30 p.m.	4 Rainbow Fitness 12:15 – 1:15 p.m.	5
6	7 Health and Nutrition 1:30 – 2:00 p.m. and 6:00 – 6:30 p.m.	8 Financial Literacy 1:30 – 2:00 p.m. and 6:00 – 6:30 p.m.	9 GED Online 11 a.m. – 12:45 p.m.	10 Computer Training 1:30 – 2:00 p.m. and 6:00 – 6:30 p.m.	11 Rainbow Fitness 12:15 – 1:15 p.m.	12
13	14 Continuing Education 1:30 – 2:00 p.m. and 6:00 – 6:30 p.m.	15 Financial Literacy 1:30 – 2:00 p.m. and 6:00 – 6:30 p.m.	16 GED Online 11 a.m. – 12:45 p.m.	17 Home Ownership 1:30 – 2:00 p.m. and 6:00 – 6:30 p.m.	18 Rainbow Fitness 12:15 – 1:15 p.m.	19
20	21 Personal Development 1:30 – 2:00 p.m. and 6:00 – 6:30 p.m.	22 Financial Literacy 1:30 – 2:00 p.m. and 6:00 – 6:30 p.m.	23 GED Online 11 a.m. – 12:45 p.m.	24 Crime Prevention 1:30 – 2:00 p.m. and 6:00 – 6:30 p.m.	25 Rainbow Fitness 12:15 – 1:15 p.m.	26 
27	28 Housekeeping 1:30 – 2:00 p.m. and 6:00 – 6:30 p.m.	29 Fire Safety 1:30 – 2:00 p.m. and 6:00 – 6:30 p.m.	30 GED Online 11 a.m. – 12:45 p.m.	<h2>April Theme: Financial Fitness</h2>		

To join the classes by phone or online, contact Rainbow for more information.  
<https://rainbowhousingresidentportal.com/category/education/live-workshops/> **Password: 42025**

## Rainbow Workshops

Visit your community center or join us on any Internet-connected device.

- |  |  |
|--|--|
| 1st: <b>Technology and Doing Your Taxes</b>            | 21st: <b>Introduction to Sign Language</b>                   |
| 3rd: <b>Job Searching in the 21st Century</b>          | 22nd: <b>How to Negotiate Your Pay</b>                       |
| 7th: <b>Allergies and Asthma</b>                       | 24th: <b>Staying Safe During an Active Shooter Situation</b> |
| 8th: <b>Money Management 101</b>                       | 28th: <b>Clean Your Home Like a Pro</b>                      |
| 10th: <b>Microsoft Word 101</b>                        | 29th: <b>Clearing the Clutter</b>                            |
| 14th: <b>How to Get Your Diploma: Guide to the GED</b> |  |
| 15th: <b>How to Open a Bank Account</b>                |  |
| 17th: <b>Have You Heard of NACA?</b>                   |  |

## Reminders:

-Update your phone number and e-mail with the leasing office.

-Learn To Be: one-on-one live tutoring in all subjects. Available for all school-aged youth. Contact Rainbow to join.



**Scan to Sign-Up!**



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**Facebook Link:** <https://www.facebook.com/groups/rainbowseniorcircle/>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Exercising Your Mind 11 a.m. Book Club 11:30 a.m.	2	3 Knowledge is Power 11 a.m. Book Club 11:30 a.m.	4 Face-to-Face Friday 11 a.m.	5
6	7 On the Move: Exercise 11 a.m.	8  Book Club 11:30 a.m.	9 Health and Nutrition 11 a.m.	10 Book Club 11:30 a.m.	11 Face-to-Face Friday 11 a.m.	12
13	14 On the Move: Exercise 11 a.m.	15 Exercising Your Mind 11 a.m. Book Club 11:30 a.m.	16 Health and Nutrition 11 a.m.	17 <i>¡En español!</i> Salud y Nutrición 11 a.m. Book Club 11:30 a.m.	18 Face-to-Face Friday 11 a.m.	19
20	21 On the Move: Exercise 11 a.m.	22  Book Club 11:30 a.m.	23	24 Knowledge is Power 11 a.m. Book Club 11:30 a.m.	25 Face-to-Face Friday 11 a.m.	26 
27	28 On the Move: Exercise 11 a.m.	29 Exercising Your Mind 11 a.m. Book Club 11:30 a.m.	30			

## Senior Circle Workshops

Visit your community center or join us on any Internet-connected device which connects to Facebook.

1st: **Exercising Your Mind and Book Club**

3rd: **I Got Scammed and Book Club**

4th: **Face-to-Face Friday**

7th: **On the Move: Exercise**

8th: **Bingo and Book Club**

9th: **Healthy Eating on a Budget**

10th: **Book Club**

11th: **Face-to-Face Friday**

14th: **On the Move: Exercise**

15th: **Exercising Your Mind and Book Club**

16th: **Heart-Healthy Recipes**

17th: **Recetas saludables para el corazón and Book Club**

18th: **Face-to-Face Friday**

21st: **On the Move: Exercise**

22nd: **Bingo and Book Club**

24th: **How to Create a Spending Plan and Book Club**

25th: **Face-to-Face Friday**

28th: **On the Move: Exercise**

29th: **Exercising Your Mind and Book Club**



**EVERY OTHER TUESDAY  
April 8th and 22nd at  
11 a.m. CT**

1. On a smartphone or computer go to [www.bingomaker.com](http://www.bingomaker.com)
2. Search "Join a Game"  
Game Name: Rainbow Senior Circle
3. Password: Rainbow
4. Enter your name/site name to enter



Contact Us

**(888) 299-8915**

**FACE-TO-FACE  
FRIDAYS!  
EVERY FRIDAY via  
video chat at  
11:30 a.m. CT**

Scan to Join!




# Hot Topics

THIS MONTH'S  
FEATURED  
WORKSHOPS

**Tuesday, April 1**

**Technology and Doing Your Taxes**

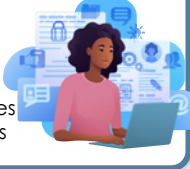
- What are tax returns and do I have to file them?
- Tax basics: due dates
- What is "e-file online"?
- How to use tax preparation software or services
- Common tax scams
- Questions



**Thursday, April 3**

**Job Searching in the 21st Century**


- Goals of modern job searching
- Know how to market your skill sets
- Know what you are looking for
- Essential job searching tools
- Research and job search with purpose
- Top five websites for job searches



**Monday, April 7**

**Allergies and Asthma**


- What is asthma?
- Who is most at risk to get asthma?
- What does the indoor environment have to do with asthma?
- How can you reduce exposure to indoor asthma triggers?



**Tuesday, April 8**

**Money Management 101**


- Personal finance pre-test
- Financial stability requirements
- Setting S.M.A.R.T. goals
- Financial success goals - cash control



**Thursday, April 10**

**Microsoft Word 101**


- Create and save a new document
- Fix spelling and grammar as you type
- Add formatting to your text
- Change page margins
- Save the document



**Monday, April 14**

**How to Get Your Diploma: Guide to the GED**

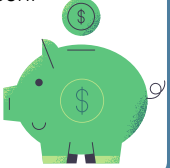
- What is a high school equivalency degree?
- All about the General Education Degree (GED)
- All about the High School Equivalency Test (HiSET)
- All about the Testing and Assessing Secondary Completion (TASC)
- Common questions



**Tuesday, April 15**

**How to Open a Bank Account**


- Research banks
- Know the difference between savings and checking accounts
- Request an account
- Credit cards
- Your new bank account



**Thursday, April 17**

**Have You Heard of NACA?**


- What is the home buying process?
- What is NACA?
- How to save money on your loan
- Resources and support



**Monday, April 21**

**Introduction to Sign Language**


- Basic greetings
- Know your manners
- Essential words and phrases



**Tuesday, April 22**

**How to Negotiate Your Pay**


- The benefits of negotiating your pay
- Knowing your budget and your value
- How to prepare to negotiate your pay
- What are they willing to pay
- Five tips for negotiating your pay
- Common mistake of pay agreements



**Thursday, April 24**

**Staying Safe During an Active Shooter Situation**

- What is an active shooter situation?
- How to respond to an active shooter
- How to stay safe
- How to respond to law enforcement
- How to get help - trauma counseling



**Monday, April 28**

**Clean Your Home Like a Pro**


- Benefits of a clean home
- Strategies for a clean home
- Easy to miss areas
- Essential spots
- Work smarter, not harder



**Tuesday, April 29**

**Clearing the Clutter**

- Fire safety facts
- Clutter: a hidden danger
- Benefits of a clean home
- Finding a balance
- Keeping escape routes clear



**Workshops are always FREE and online - REGISTER TODAY!**

**Workshop Times:**

- 11:30 a.m.-12:00 p.m. and 4:00-4:30 p.m. (PDT/Arizona)
- 12:30-1:00 p.m. and 5:00-5:30 p.m. (MDT)
- 1:30-2:00 p.m. and 6:00-6:30 p.m. (CDT)
- 2:30-3:00 p.m. and 7:00-7:30 p.m. (EDT)

Scan the QR code to sign-up, or visit:

<https://resident.rainbowhousing.org/residentportal-live-workshops>



Have questions about joining? Contact your Resident Services Coordinator or call our Hotline at **(888) 299-8915**.



APRIL 2025



**FINANCIAL FITNESS:** *Strengthen Your Money Muscles!*

Wondering how to **master your finances** without breaking the bank?

**We've got you covered!** Our FREE classes are designed to help you take that first step toward **financial empowerment.**



Tuesday,  
April 1st

**Technology and  
Doing Your Taxes**



Tuesday,  
April 8th

**Money  
Management 101**




Tuesday,  
April 15th


**How to Open a  
Bank Account**



Tuesday,  
April 22nd

**How to Negotiate  
Your Pay**

 (888) 299-8915

 [www.rainbowhousing.org](http://www.rainbowhousing.org)



Scan to Register



# Our Online Classes Have Never Been More Accessible...



## NEW Workshop Times

### AVAILABLE NOW

Whether you prefer an early or later session, **we've got you covered** with flexible class times that fit your busy schedule.

### Find the Best Fit: (2) Class Time Options in Your Time Zone!

**Pacific** ☀️ 11:30 a.m. - 12:00 p.m.  
Daylight Time 🌧️ 4:00 - 4:30 p.m.

**Mountain** ☀️ 12:30 - 1:00 p.m.  
Daylight Time 🌧️ 5:00 - 5:30 p.m.

**Central** ☀️ 1:30 - 2:00 p.m.  
Daylight Time 🌧️ 6:00 - 6:30 p.m.

**Eastern** ☀️ 2:30 - 3:00 p.m.  
Daylight Time 🌧️ 7:00 - 7:30 p.m.



**Not signed-up?  
Register today  
using your phone!**



☎️ (888) 299-8915

www.rainbowhousing.org

📷 @rainbowhousinglife

📱 @rainbowhousing



# LIVE ONLINE TRAINING

## WHEN:

**Monday-Thursday  
1:30p.m. – 2:00p.m. and  
6:00p.m. – 6:30p.m.  
(CDT)**

**THE OFFERED TRAININGS ARE A  
COLLECTION OF MODULES  
STRUCTURED TO PROVIDE  
INFORMATION FOR YOUR  
AWARENESS**

## FEATURED TOPICS :

- Continuing Education • Money Management
- Health and Nutrition • Job Readiness • Safety •  
Housekeeping



Please join our meeting from your computer, tablet, or smart phone by selecting one of the following options:

## WEB ADDRESS

[www.rainbowhousing.org](http://www.rainbowhousing.org)  
Password: 42025

## CLICK ON:

Residents Live Training choose the (training of the week)

## DIAL IN

1 (914) 614-3221

## ACCESS CODE

663-001-124

For more information, call our toll-free number

1 (888) 299-8915



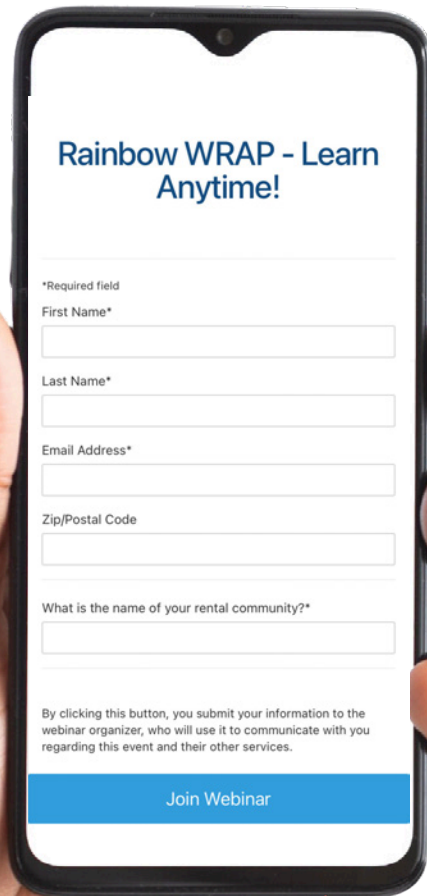
If you do not have Internet or dial-in capability, handouts are available in the leasing office or see your Resident Services Coordinator.



# DID YOU MISS TODAY'S CLASS?

Don't worry! Rainbow's **FREE** online class for today is available for the next 24 hours!

 **(888)299-8915**



Rainbow WRAP - Learn Anytime!

\*Required field

First Name\*

Last Name\*

Email Address\*

Zip/Postal Code

What is the name of your rental community?\*

By clicking this button, you submit your information to the webinar organizer, who will use it to communicate with you regarding this event and their other services.

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**SCAN ME**



**TO WATCH: TAKE OUT YOUR  
SMARTPHONE, OPEN UP THE CAMERA,  
POINT AT QR CODE, AND SIGN UP!**

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**RAINBOW**



**EQUAL HOUSING  
OPPORTUNITY**